



Muscat Pirates RFC

GUIDE TO GOOD RUGBY FOR PARENTS

Parents are encouraged to:

- Be familiar with the coaching and training programme so as to ensure their child is fully prepared and involved in training.
- Be aware that the club has a duty of care and therefore, where appropriate, assistant coaches are engaged to assist with the supervision of young players, particularly where numbers are large.
- Be involved with club activities and share their expertise. Share concerns, if they have them, with club officials.
- Be familiar with the 'Good Coaches' guide. In particular, coaches should recognise the importance of fun and enjoyment when coaching young players. Coaches should keep winning and losing in perspective, encouraging young players to behave with dignity in all circumstances.

Parents should:

- Remember that young people play rugby for their own enjoyment, not that of their parents.
- Remember that Rugby is a physical game at all levels and injuries occur. Parents are to be present for all training sessions and games where their children are playing.
- Encourage young people to play - do not force them.
- Focus on the young players' efforts rather than winning or losing.
- Be realistic about young players' abilities. Do not push them towards a level that they are not capable of achieving.
- Provide positive feedback both in training and during the game.

- Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.
- Never verbally abuse young players, match officials, fellow spectators or coaches.
- Remember young people learn much by example.
- Always show appreciation of good play by ALL young players both from your club and the opposition.
- Remember that Muscat Pirates RFC is NOT a commercially-supported sports activity. It is run 100% by volunteers.
- Respect decisions made by the coaches and match officials and encourage the young players to do likewise. Remember that they are volunteers providing an opportunity for youngsters to play rugby.
- Understand that it is Club Policy that age groups U10 and above are streamed and A & B or 1st & 2nd teams/squads will be formed. Although this at times maybe upsetting for some players and parents, this is vital for safety of the players and for their skill development. The coach's decision is final when it comes to streaming and team selection.