



MUSCAT RUGBY FOOTBALL CLUB

CODE OF RUGBY

VERSION 1.0

UPDATED 01/08/2026



TEAMWORK * RESPECT * ENJOYMENT * DISCIPLINE * SPORTSMANSHIP



DOCUMENT CONTROL

DOCUMENT TITLE	Code of Rugby
VERSION	1.0
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DISTRIBUTION	ALL Members, Visitors, Spectators

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CODE OF RUGBY

Everyone involved in rugby at MRFC, whether as a player, coach, referee, administrator, Medical, FAIR, volunteers, parent or spectator is expected to uphold the core values of our beautiful sport

- Teamwork
- Respect
- Enjoyment
- Discipline
- Sportsmanship

Play to win – but not at all cost!

Win with dignity, lose with grace.

Observe the laws and regulations of the game and respect opponents and all participants

Reject cheating, racism, violence and drugs

Value volunteers and officials

ENJOY THE GAME!

