



MUSCAT RUGBY FOOTBALL CLUB

CODE OF CONDUCT FOR COACHES AND ASSISTANTS

VERSION 2

UPDATED 23/07/2026



TEAMWORK * RESPECT * ENJOYMENT * DISCIPLINE * SPORTSMANSHIP



DOCUMENT CONTROL

DOCUMENT TITLE	Code of Conduct for Coaches and their Assistants
VERSION	2.0
AUTHOR	Chairman / Club Committee
REVIEW FREQUENCY	Annual Review (or upon significant change / policy change)
NEXT REVIEW DUE	August 2027
DISTRIBUTION	ALL Members

VERSION	EDITED BY	DATE:	EDITS	APPROVED BY:
1.0	-	March 2020	ORIGINAL	-
2.0	SPS	23/07/2026	Branding and Review	

CONTACT DETAILS

info@muscatrugbyfc.com,

info@piratesrugby.com

<https://muscatrugbyfc.com>,

<https://www.muscatpiratesrugby.com/>





CODE OF CONDUCT FOR COACHES AND ASSISTANTS

MRFC Coaches and their assistants (if applicable) should be encouraged to:

- Recognise the importance of fun and enjoyment when coaching players.
- Understand that most learning is achieved through doing.
- Appreciate the needs of the players before the needs of the sport.
- Be a positive role model - think what this implies.
- Keep winning and losing in perspective - encourage players to behave with dignity in all circumstances.
- Respect all referees and the decisions they make, even if they appear to make a mistake (remember it could be you refereeing next week), and ensure that the players recognise that they must do the same.
- Provide positive verbal feedback, in a constructive and encouraging manner, to all players both during coaching sessions and matches.
- Provide rugby experiences which are matched to the players' ages and abilities, as well as their physical and behavioural development.
- Ensure all players are coached in a safe environment, with adequate first aid readily to hand.
- Avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.
- Never allow a player to train or play when injured.
- Recognise that players should never be exposed to extremes of heat or unacceptable risk of injury.
- Ensure that their knowledge and coaching strategies are up to date and in line with English RFU and Oman Rugby philosophy, which can be found here:

<https://www.englandrugby.com/run/coaching/age-grade-rugby>





- Should there ever be a disagreement between family and coach, immediately make the Chairman or Committee member of MRFC aware.
- One of rugby's core values is discipline, it is especially important as it helps prevent risk of injury to other players in a dynamic and physical sport. Therefore, it may be necessary to penalise players whose foul play and misconduct is other than accidental, and a coach should use the MRFC Misconduct Guide in consultation with the Head Coach.
- Coaches will follow the systems set by the Head Coach that will be reviewed from time to time.
- Coaches will attend coach the coach and alignment sessions to ensure continuity of delivery throughout the MRFC
- All coaches must complete the World Rugby, safeguarding online e-learning course, contact ready and any other course that may be prescribed from time to time by the committee or head coach.

COACHES SIGN-UP AT REGISTRATION

All coaches that register and train at MRFC will agree to MRFC's policies and procedures before entering the field of play or training grounds.

Codes of Conduct are there to protect all members, volunteers and spectators of MRFC rugby

OTHER DOCUMENTS TO READ

- MRFC Code of Conduct
- Players Code of Conduct
- Safeguarding
- Emergency Action plans for the training and playing venues

